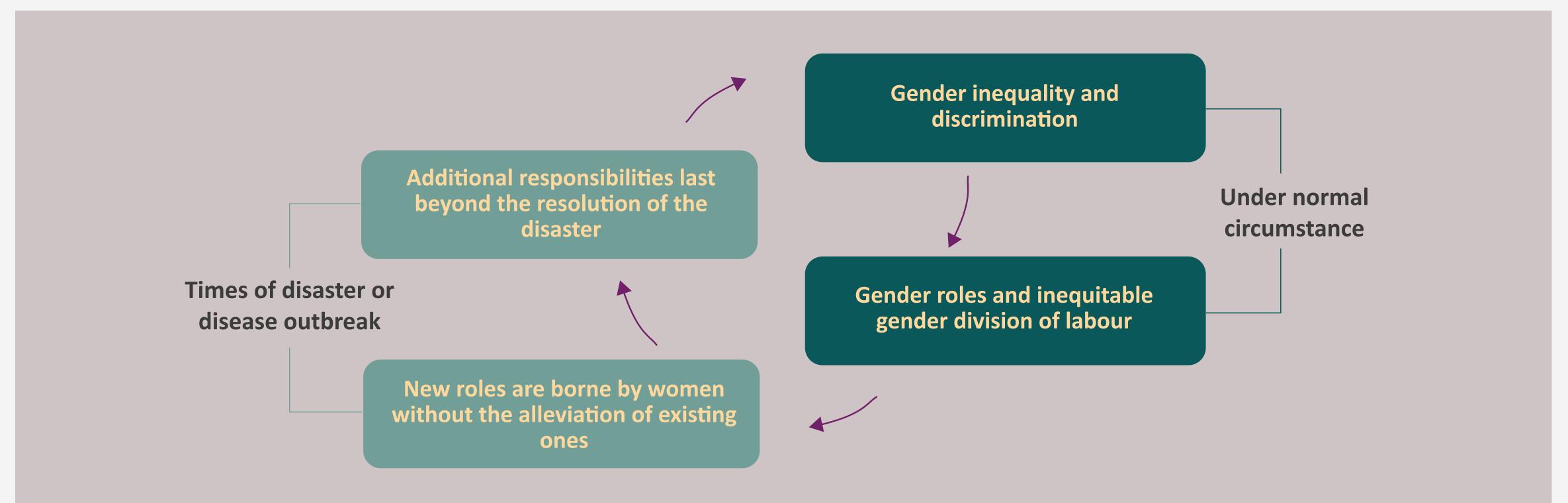






Covid-19 and The Double Burden on Women in Jordan



In times of disaster, disease outbreak or war, it is reported that most women take up greater responsibilities and are often overburdened with paid and unpaid work

Responsibilities during lockdown % Of respondents who felt... 70.3% **Increased Employed** 56.9% 80.5% 64% men No change 36% 25.8% 19.5% **Shared between** 12.2% **Employed** spouse and I 16.1% Responsibilities Wanted their women were shared spouse to do equally more **Decreased**

64% of employed women wanted their spouses to do more. Some women wouldn't or couldn't communicate this to their husbands, stating that husbands did not empathize, to avoid creating problems at home, or because husbands did not know how to carry out many household responsibilities.

The **lockdown impacted** the **livelihoods** of many families and placed great financial strain on them, impacting the **emotional and mental wellbeing** of many.

Lost income (partial / total):

Lost savings:



76.5%

25.1%



67.5%

20.5%



- For both men and women, the financial situation and fear of the unknown constituted major sources of concern and anxiety during the lockdown. For women, increased responsibility at home (44.6%) and restricted movement (51.7%) added to their anxiety.
- It was clear that mental health services were very limited during the lockdown.

As families were forced to stay at home during the lockdown (between March 17 and April 30, 2020), IRCKHF and Hivos, were keen to learn how and if gender dynamics were altered. Through an online survey with 3,555 men and women in Jordan, the aim was to explore if and in what ways the responsibility of unpaid work changed among respondents and their families, and for employed respondents, how that was balanced with paid work. This research is part of Women for Leadership (WE4L) Program, implemented by Hivos with support from the Dutch Ministry of Foreign Affairs.